



St Gildas' Catholic Junior School

PE and Sports Clubs 2016-17

Club	Date	
Year 5 Football	Autumn Term	<p>P.E coordinator and volunteer football coach.</p> <p>Children from year 5 participated in skills practice, and football matches against each other, in the MUGA.</p> <p>We saw an improvement in children pausing before passing the ball to each other, using more skill and decision making in the game setting.</p>
Year 6 Football team club	Autumn Term	<p>London Football Academy</p> <p>The boys and girls football teams had specialist training from the London Football Academy on Friday's after school during the Autumn term.</p> <p>The aim of these sessions was to enable them to practise their skills together, and to improve how they play together as a team.</p> <p>After impressive results in Haringey competitions, we hope we can do even better in ones to come in the second half of the academic year.</p>
Netball Club	Whole Year	<p>Specialist netball coach provides weekly after school sessions for girls and boys in years 5 and 6.</p>
Sports Skills	Whole Year	<p>Mr. Philip Campbell runs Sports skills for years 3&4 Wednesday's after school. This is an excellent opportunity for the children to develop their skills, such as throwing, catching, kicking and team work, across different sports.</p>
Athletics	Whole Year	<p>Mr. Philip Campbell runs the year 5&6 athletics clubs, Monday after school. The children build on skills from P.E lessons, and sports skills, applying them to different track and field athletics activities.</p>

Street Dance	Whole Year	A specialist street dance teacher provides after school lessons for years 3&4 on Thursdays, and years 5&6 on Fridays. Children are taught routines, and different street dance moves, and are given the opportunity to add in their own ideas to parts of dances. The children then perform their routines to the whole school, celebrating their achievements in dance.
Running Club	All year (except Spring 1 due to weather)	Miss. Evans, Mr. Power and Miss. Fulton take children from years 5&6 outside of school to run in various locations, such as the Parkland Walk. We then take the children to regular Haringey competitive competitions.
Cheerleading Club	Summer Term	Miss Clarke will be running a cheerleading club in the summer term, teaching children different cheerleading style dancing. The focus for the club will be Summer Sports Day, where they will perform their routine in front of pupils and parents of St Gildas'.